SAILING TOWARD A BRIGHTER FUTURE WITH *THE BOLEH TRUST*

For 25-years Motiv8 has supported four of the UK's most underinvested in communities - Gosport, Fareham, Portsmouth, and Havant. Motiv8's expert Youth Workers are committed to creating safer, more connected communities, where young people can be heard, use their voice and develop new skills through opportunities which enable them to thrive.

Motiv8 places young people at the centre of all we do, providing a trusted relationship through a Youth Work approach. Motiv8 ensures the right provision is available at the right time, in a way that is right for each young person, wherever they are on their journey.



Boleh Can do

Many young people we work alongside are experiencing poor mental health, low confidence, social isolation, family instability, disengagement from education, or at risk of exploitation and long-term exclusion from opportunities that many others take for granted.

As demand for our services grow, we are committed to finding meaningful and engaging ways to help young people reconnect with themselves, with others and with their futures.

In the Summer of 2026 we partnered with The Boleh Trust to deliver a programme of activity offering an environment onboard a sailing vessel, creating a powerul opportunity for young people to develop life skills that can be difficult to learn in more conventional settings.

Feedback from our young people suggests that environments that offer shared responsibility, meaningful challenge and a supportive group environment with trusted adults can help address gaps in provision, particularly for those facing the greatest barriers and where learning in a more traditional settings is not always the best one for the young person concerned.

Our sailing programme with The Boleh Trust helps young people build trust, develop resilience and most importanly help them to recognise their own value, capability and potential.

> At first I wasn't sure I wanted to attend, but being out on the water helped me relax and feel more confidence. As the day went on, I got involved in new challenges, enjoyed steering the boat anf felt more confortable trying things I hadn.t done before



Motiv8's approach is a proven early help youth work led model. Our expert teams support a positive, personalised journey of lasting change. We focus on...

Foundations, Flexibility, and Fun!

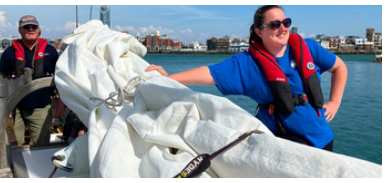
- **Foundations:** Ensuring essential service costs that underpin and enable expert youth work are met;
- **Flexibility:** Empowering teams, trusting their judgement so they can help each individual as an individual;
- **Fun:** Delivering activities that families tell us they value & young people share they want to be part of.

> The experience showed us the importance of teamwork, communication and understanding each others roles. It also helped us think about future opportunities connected to the sea and the many different paths people can take in life.





THE RIGHT SUPPORT, AT THE RIGHT TIME, IN THE WAY THAT IS RIGHT FOR EACH YOUNG PERSON






OUR GUARANTEE FOR EACH YOUNG PERSON WE WORK WITH

We are passionate about sharing and collaborating with other organisations hence our partnership with The Boleh Trust. The trust works to get people facing challenge of all ages to sea, helping young people develop skills, capacities and capabilities which enable them to be responsible members of society, and providing recreational activities which improve their conditions in life.

Life aboard requires everyone to play an active role. Young people are not passengers they are part of the crew. They learn quickly that every task matters, whether hoisting sails, preparing equipment, following safety procedures or supporting one another during challenging environments. Through this experience, our young people have understood the importance of trust, communication, maturity and accountability

> "The day sparked conversations about the world around us, from melting ice caps to pollution and declining fish numbers. We all agreed that looking after our sea and environment is importnat for the future"



> "Sailing made me feel calm and gave me a chance to switch off from the pressures of my everyday life. Despite some initial nerves, everyone got on really well, supporting each other throughout the day and making the experience enjoyable for everyone"

SKILL








INVESTORS IN PEOPLE® We invest in people Platinum
Registered with FUNDRAISING REGULATOR
Laser Learning Awards
Outcomes Star™
CYBER ESSENTIALS CERTIFIED
Fair Ways FOSTERING FRIENDLY